



# Watervliet Housing Authority



## July 2010

Charles V. Patricelli, Executive Director



• *Watervliet Housing Authority 273-4717*  
*ext. 201 Mary*  
*ext. 203 Matt*  
*ext. 204 Daria*  
*ext. 205 Mary Clinton*  
*ext. 206 Charles*

or  
[office@watervliethousing.org](mailto:office@watervliethousing.org)

• *Emergency Number*  
*273-6085 (after hours)*

• *Watervliet Police Dept.*  
*270-3833*

• *Watervliet Fire Dept.*  
*273-6622 or*  
*270-3826*



The office will be closed on **Monday July 5<sup>th</sup>**



### Happy 4th



### Power Washing at Joslin

On Tuesday, July 6th a company will be coming in to power wash all the buildings at Joslin. Please be sure to have all your windows closed till they pass your apartment. We know the siding is very dirty and the brick could use a nice cleaning.

### Special Needs?

If you live in housing we need to know if anyone has any special needs that in the event of an emergency the police or fire department should know who would need what. If your in a wheelchair, or on oxygen or have some serious medical condition that if you lost power you may need help, please call the office and let Mary Clinton know so we can mark it in our computer program. We then share that list with the police/fire department so they can try to help you in the event of an emergency. Regardless, if you need help always call 911.



We have a Web site...  
[WatervlietHousing.org](http://WatervlietHousing.org)  
Check us out.



### WVLT channel 17 on Time Warner Cable

Watch this channel for great parenting tips, educational material on drug use, and a constant update on what's going on in your city. Comments? Suggestions? You want to get involved — call us.

# Around the WHA...



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## POOL PASS

All residents must obtain a pool pass at a cost of \$3/person. The City and the WHA has waived the cost for all WHA residents including VRV residents for the first pass only. If the pass is lost you must purchase a replacement pass yourself.



## SAVE ENERGY

Air conditioners are the biggest users of electricity. Save energy by:

- 1) Closing outside doors and windows during hot periods of the day and when the air conditioner is on.
- 2) Closing window shades and drapes.
- 3) Turning off the air conditioner when not at home or on mildly warm days.
- 4) Using the stove as little as possible.

## Report water leaks

Did you know a drip at one drip per second wastes 5 gallons of water every day? If your faucet is leaking call us!



## Hanratta Shower Cleaning Instructions

To properly clean the showers there are recommended products that will do a better job than others. Some products can even cause permanent damage.



**Recommended**  
Soft Scrub  
Chlorox Cleanup  
Mr. Clean  
Spic & Span  
Tilex Soap Scum  
Fantastik  
Windex

**NOT Recommended**  
No abrasives  
NO Lysol  
No Alcohol  
No Drano  
NO Dow Bathroom Cleaner

## Outside Faucets



Every year we have parents that allow their children to abuse the use

of the outside water faucets. These faucets left unattended or over used can cause damage to the lawns and even the building foundation. They also cause a mess and even to the point it may be dangerous. Please explain to your children that if this happens the faucet will be disconnected.



## Hanratta Tenants

As a reminder the light over the door inside your apartment is for the generator emergency lighting. When the generator runs every Friday around 3 p.m., this light should go on for an hour, if it doesn't call the office. In the event of a power failure this is your only light in the apartment. **DO NOT USE CANDLES.**



# Addictive Behavior

By Bob Christiansen

## Modeling a Drug Free Lifestyle

Children need healthy modeling concerning the use of alcohol and other drugs. In addition to avoiding negative modeling, adults can support the position that use of these substances is potentially hazardous. Adolescents are likely to find themselves in social settings where alcohol or other drugs are present. The higher their self-esteem and the more positive models they have in their lives, the more likely they are to be able to withstand peer pressure and make healthy choices.

Consider the positive modeling you provide for your children. What kinds of activities do you promote that build positive self-esteem? Are you active and generally satisfied with your life? Do you model these attributes? Do you show that being happy and content does not require the use of alcohol or other drugs?

As a parent, do you:

- Talk with your children about alcohol and other drugs and explain their harmful effects?
- Communicate a clear statement of your feelings about the use of alcohol and other drugs?
- Take a personal inventory of your to-

bacco, alcohol and other drug use habits and their impact on your children?

- Encourage healthy, creative, substance-free activities at home?
- Involve your children in planning activities and programs that reinforce a drug-prevention message?
- Participate in and promote fitness activities, showing that you value a healthy body?
- Take every opportunity to build positive self-esteem among your children so that when they are approached or attempted to drink or use illegal substances they have the necessary skills to say no?
- Talk about decision-making and communication skills with your children?
- Create an atmosphere of trust in your home, encouraging your children to talk?
- Take the time to talk about alcohol or tobacco advertising and how advertising can shape children's beliefs?

If you need assistance in sorting out any of these drug-related issues, Lew Krupka, Tenant's Assistance Counselor, at 356-1012. All calls are confidential.



### Fresh Foods... Come and get it!

### Farmers Market

Every Tuesday from 2:30-5:30 at  
Hudson Shores Park.



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# Hello from... "Mrs. Fran"

Student Assistance Counselor Watervliet Elementary School

## Summer Fun

Summer is coming and with it lots of free time for our children. In order for their summer to be relaxed, healthy, and fun, we as parents need to make sure we are monitoring our children.

Monitoring what your children do also helps them avoid negative peer pressure. A very real probability in the summer, when there is often fewer adults involved in your children's daily activities.

By monitoring, we mean keeping track of and watching over your kids. Having them check in and report:

- Where they are...
- Who they are with...
- What they are doing...

### ...AND CONFIRM YOUR CHILD'S STORY WITH THE PARENTS OF THEIR FRIENDS!

One parent I know had four teenagers. She posted this note in a highly visible place on the refrigerator (a spot she knew her kids would visit often):

**BEFORE YOU ASK ME TO GO ANYWHERE, BE PREPARED TO TELL ME:**

- WHERE YOU ARE GOING
- HOW YOU WILL GET THERE AND BACK
- WHEN YOU WILL BE HOME (FAMILY CURFEWS ARE A GREAT THING AND MUST BE ENFORCED)
- WHAT YOU WILL BE DOING
- WHO YOU WILL BE WITH (PROVIDE PHONE NUMBERS OF PARENTS AND PLACES)

This parent had a good idea of what her kids were doing when they weren't home.

### SHE CONSISTENTLY DELIVERED CONSEQUENCES FOR THEIR BEHAVIOR:

Positive – for following through on their plans and the family rules.

Negative – for not doing what they said they were going to do.

Regardless of whether your children are younger or older, monitoring their activities is imperative to their well being. It keeps parents involved and lets your kids know that you care about them and their safety. An additional benefit is that your kids will have fewer opportunities to get into trouble because they aren't spending too much unsupervised time with other kids.

Let's put it this way: If you don't monitor your kids, someone else will be in charge of what they do and what they learn. That's taking a big chance.

Checking on your kids is one way you can help them avoid peer pressure. You can alert them to pitfalls, teach and discipline, and help them solve problems on their own. Monitoring also gives you many more opportunities to "catch 'em being good," which leads to more times you can use praise effectively. **DO NOT BE AFRAID TO SET CLEAR GUIDELINES AND CHECK UP ON YOUR KIDS.**

Peers will always have influence on your children – sometimes good, sometimes bad. But don't fail to recognize how much influence YOU have. You can help your kids learn to recognize the wrong kind of peer pressure and teach them what to do about it. Even if you feel your children have already been negatively influenced by peer pressure, **IT'S NEVER TOO LATE TO START MAKING CHANGES FOR THE BETTER.**

*I hope everyone has a relaxing, healthy and FUN Summer vacation!*



**Beauty Salon at  
Hanratta is open  
Call  
884-0646 for an  
appointment**

# Announcements

## Swimming Pools

It has again come to our attention that swimming pools of various sizes are being set up by residents

at many of our developments. Due to concern about the possibility of children falling into, or using these



pools without proper supervision, we are reminding everyone of the following rule: "Any pool deeper than **18 inches**, or any pool that needs to remain filled when not in use is hereby prohibited." The safety and well being of our residents is a high priority at the Watervliet Housing Authority, and we hope all of our residents will work toward that goal.

### REMEMBER:

You are responsible for any damage to the lawn areas caused by lawn furniture or pools. Don't forget that means all the empty juice boxes and freeze pop wrappers. If we pick them up, you will be charged for the clean up!

## ATTN: Quinn Residents

Beginning approximately the first week of July, contractors will be working on installing new insulation in the buildings at Quinn. The contractor will not need to gain access to your apartments, however will be working in the buildings basements and attics. In order to dispose of old insulation there will be a dumpster on site for a few weeks. The area for the dumpster will be designated before the job begins, please be sure to keep vehicles away from that area so the dumpster can be easily removed, emptied and returned. If you have any questions, please feel free to contact the office.



## Notice to VRV tenants regarding Work Orders!

If you currently reside in a redeveloped apartment at VRV please notify the office of any work orders, it is important NOT to just notify the construction workers onsite.

## Central Air Units at VRV

We are very happy that as part of the redevelopment of VRV central air conditioning will be installed in all units. If you currently reside in a new unit please use proper energy saving measures when setting you're a/c. You are responsible to pay the utilities and an item like central air although convenient, can become costly if not used efficiently.

## Bicycle Storage Shed Policy

The sheds were constructed so you can store your bikes and leave more room in your apartment. The sheds are not a fort or play area for your children. The key we give you only opens your assigned shed. You must stress to your children to always lock the shed to prevent unauthorized entry. Report anyone causing damage or unauthorized entry to the office immediately. You are advised to lock your bike to the rack. The Authority assumes no liability if your bike is stolen or damaged. The authority is simply supplying you with a place for storage. There is no charge for the first key, replacement keys cost \$6. If you or your children are found to not be complying with the rules, the lock will be changed and you will no longer be permitted usage and a charge of \$25 will be charged to you for the key replacements.



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# Around the WHA...



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## Can't Pay Your Bills?

Don't flip a coin on your future.

Make an appointment to speak with an attorney for a free ½ hour consult by calling 435-1770 for an appointment.

## Fire Safety Hanratta

### Do not jam open fire doors.

These doors shut to prevent the smoke from going through the building. Shut all doors behind you.



### Do not use elevators.

If you decide to leave your apt and want to leave the building stay to the right on the stairs.

If the alarm is going off and you decide to stay in your apartment and for some reason (smoke coming in the apartment or fire) you feel the need to leave, if you cannot safely leave your unit, pull your emergency cord.

## Rugs

Rugs cannot be glued or nailed. You are permitted to use carpet tape. You are NOT permitted to put down any glue sticking tile on any floor. Any questions, call the office, not your neighbor!



**Do not trespass on railroad property.**  
It's against the law to:

- walk or ride on -- or along -- the tracks
- cross the tracks except at public crossings
- enter rail yards

## Kitchen Cabinet Care

The following is a list of rules and ways to take care of them:

1. No contact or wall-paper is permitted anywhere in the apartment.
2. Do not nail or tack anything on the metal backsplash behind the stove.
3. Clean grease filter regularly.
4. Do not put larger than a 60 watt bulb in the exhaust fan light.
5. Do not store newspapers behind or on the side of the refrigerator, it's a fire hazard.
6. Do not use soap or water on the cabinets, use the same product you would use to polish furniture.
7. Wipe water quickly off the fronts of the cabinets, it will stain and mark the finish.



## Green Island Tenants

If you need something stored, please contact the office and we can arrange to have it placed in the storage room.



## Warning...

Remember when you are finished using your gas grill to turn off the propane. NOTICE to VRV tenants no cookers are allowed on the balconies.

# For your health...

## Alcohol and the Brain Did You Know...



Alcohol dilutes itself in the water volume of the body in order to travel through the system. Those vital organs, like the brain, that contain a lot of water and need an ample blood supply are particularly vulnerable to the effects of alcohol. (Dunlap, 2001)

Heavy drinking over many years may result in serious mental disorders or permanent, irreversible damage to the brain or peripheral nervous system. (Narcotic Educational Foundation of America, 2002)

Alcohol affects all parts of the brain, which also affects the heart rate, coordination, speech, and destruction of brain cells. (Narcotic Educational Foundation of America, 2002)

Alcohol may encourage aggression by disrupting normal brain mechanisms that normally restrain impulsive behavior such as aggression. (Hingson et al, October 2001)

The brain does not finish developing until a person is around 20 years old, and one of the last regions to mature is intimately involved with the ability to plan and make complex judgments. (Kuhn, Swartzwelder, and Wilson, 1998)

The available evidence suggests that adolescents are more vulnerable than adults to the effects of alcohol on learning and memory. (White, 2001)

It has become clear over recent years that alcohol impacts both behavior and brain function differently in adolescents and adults. (White, 2001)



## Satellite Dish Rules



Satellite dishes may not exceed 1 meter in diameter. Dishes may be installed in apartments or on own balconies or patios. They may not be mounted on exterior walls, in common areas, on roofs or at any location outside of the tenant's apartment. Satellite dishes may not be installed in ways that would enable them to fall on people from above. They may not extend beyond a patio/balcony and they may not be installed in windows or on window frames. Satellite dishes may not be installed in ways that damage units or buildings. Satellite dishes must be installed professionally with a member of maintenance staff present and the tenant will be charged for the time spent by the WIIA for being present.

**NO DISHES** are allowed in VRV once you move into the new apartments.



## PC's For Kids (and Seniors)

The "PC For kids" has been very successful over the past year. We have served over 100 children, and even Seniors, in the Watervliet Housing community with their own personal computer. The children use the computers for school projects and to explore the Internet. Seniors also find it easy to use the internet or e-mail their families. Also, if you live in the Watervliet Housing or are on Section 8 you may qualify for a computer. Just call 273-4717.



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# Important info...



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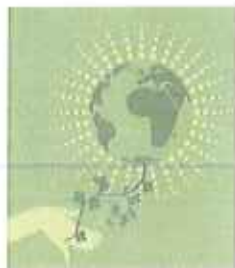
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## Violence Against Women Act



*Things that you should know...*

Did you know that every 15 seconds somewhere in America a woman is battered? Both Housing and Section 8 tenants that are victims of domestic violence are protected under this act. If at any time you are a victim please protect your rights and yourself from future violence and call us immediately. Repeated violations can result in eviction and if you don't follow some simple steps to protect them you can be evicted from your apartment. So please, protect yourself and your family.



## Recycle

If its paper, glass or plastic and is clean, recycle, save our landfills and save our environment.



## Do You Have A Fruit Fly Problem?

They are usually found around overripe or decaying vegetables and fruit. They may also be attracted to bread and other baked goods containing yeast, and to liquids including fruit juice, soda, beer, and vinegar. Spilled milk or ketchup between counter tops are also potential breeding sites. On occasion you may see one on a moist washcloth or a sponge near the sink or on a floor mop. The key to eliminating fruit flies is to remove their breeding sites. This is accomplished through cleaning.



## Do you have someone graduating in your family?

We will put their photo on WVLT-17. It doesn't matter what grade, elementary, high school or college. Get their best photo and bring it over to the office. If they are graduating from high school let us know if they are going to college, and if so what college, so we can wish them well.

## Lock out's

Tenants are responsible to pay for lock out's. As you know if you are locked out of your apartment during normal business hours there is no charge to open your



door for the adult member of the family. If it's a child we need to talk to a parent before we let the child into the apartment.

After hours you are charged to open the apartment door because the Authority must pay the employee over-time to come out. This is why we encourage you to leave a key with a trusted friend or relative. Even at \$24 it doesn't cover the cost for the overtime but does help defray the costs. If you rip a screen and enter the apartment through the window you will be responsible for the damaged screen, window and the lock out charge.



# For Your Information...

## Looking for a job? Employment Opportunities



At the Housing Authority it is our policy to assist residents whenever the opportunity presents itself. We accomplish this in many ways. One way is helping contractors and local businesses who periodically are seeking new workers find qualified persons for filling those positions. So we can more smoothly facilitate this process we are asking any resident who wishes to do so to fill out the accompanying questionnaire and return it to the main office. In doing so, we will be able to link employers with persons qualified in the line of work that is available. If you have any questions please contact Nicholas Ostapkovich at 273-4717.

### Watervliet Housing Authority Employment Experience Survey

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Education:  High School  Associate's Degree  Bachelor's Degree

Work Experience: *(check all that applies)*

Construction  Plumbing  Electrical  Bookkeeping

Computer  HVAC  Laboring  Clerical

Landscaping  Masonry  Roofing  Painting

Cleaning (apartments)

Other Skills and or Experience: \_\_\_\_\_

What computer courses would you like to take? \_\_\_\_\_

\_\_\_\_\_



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# Attention Tenants:



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## Attention Tenants REAC Requirements

According to the REAC requirements no tenant should have an air conditioner in a window in a room where there is not a second window or point of exit. If you have a balcony in the room with one window it is OK to put the A/C in. This is done for the safety of the tenant. If there is a fire in your apartment and the firemen need to gain access to the room through the window they would not be able to push the A/C out to enter, however if there is a balcony to the room they would be able to gain access through that door.

## Children and the Grounds

There seems to be a lack of respect on the children's part concerning buildings, trees, and bushes. This is disappointing when so much time is put into their upkeep. Many times tenants will object to the back charge given to them for the damage. They fail to realize the maintenance men's time and the materials needed to repair the damage. To avoid this, take the time to talk to your children about the grounds and their upkeep. Have them become part of the upkeep by picking up papers and watering flowers. Maybe if they realize the time that is put into the care they themselves will be more careful.

**HAVE A GREAT AND SAFE SUMMER!**

## Air Conditioners

Must have a wood 2 x 4 under them to protect the storm windows. The unit cannot be placed on the storm window or it will damage the frame. If you need the 2 x 4's, we will supply them free of charge. If the unit isn't properly installed, we will correct the problem and back charge you for the time, so please call for a 2x4 now.



## Attention all Section 8 Landlords

## WHAT ARE THEY LOOKING FOR NOW?

If you never experienced a Housing Quality Inspection before, you might well ask this question whether you are the landlord or the tenant.



The Inspection Department recently reported the top ten reasons why apartments fail inspections. They are the following:

1. Faulty electrical wiring, outlets and other electrical hazards.
2. Missing or malfunctioning smoke detectors.
3. Peeling paint and crumbling plaster.
4. Poor heat and hot water
5. Inoperable appliances
6. Tripping hazards
7. Evidence of rodent infestation
8. Broken windows that won't lock
9. Broken locks/security issues
10. Inadequate apartment plumbing

The best advice we can give is to be responsive and responsible. You know when the inspector is coming; so make sure the apartment is ready for the inspection. Make sure that the Section 8 client or landlord is present to let the inspector into the apartment. Make sure the power is on.



# Have a great summer

## Noise!!!

According to the public nuisance law in Watervliet complaints, such as noise complaints can be reported 24 hours a day, not just after dark. In addition if police have to respond to an address more than once during an 8 hour period the guilty party may be arrested and subject to a fine.



## Come and enjoy some fine music

We are again fortunate to have the 20-member Nassau band play for us on **July 1st** at Hanratta and again on **August 5th** at Quinn. Bring your lawn chairs and friends. The band will play at **7 pm** each night.

## Pet Policy

Don't forget to register you pets with the WHA office they must be in compliance with your lease. One per apartment, no pets



over 20 lbs, shots are a must and only certain types of pets are allowed. Tenants cannot allow family or visitors to bring their pets. This is for you, and especially for the safety of the children. It is important to keep your pets shot records up to date. Also, don't forget to ask the office for a "Pet Finder" sticker for your apartment window so the Fire Department knows to look for pets in case of emergency.

Take a look at our flowers in front of the office! Watervliet Housing at its best.



## Are You Moving Out?

First, if you are moving out it is important to give us 30 days notice.



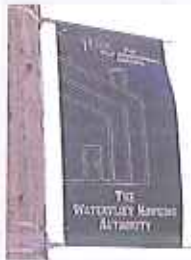
This means you need to tell us on the first of the month that you are leaving the following month. Secondly, you need to think about your security deposit. Security deposits will be returned within four to six weeks after your move-out date. However, the amount returned is less charges and/or cleanup. Anything (furniture or garbage) that needs to be removed from the apartment by our maintenance staff is back charged against your security deposit. Any clean up of the apartment or appliances will also result in a charge. The charge for cleaning each appliance is \$25. Think ahead and you will be surprised at the amount you can save.



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# Tips for Surviving the Summer Heat



- **Wear loose fitting, light colored clothing** made of natural fibers like cotton.
- **Slow Down!** Avoid Strenuous activity, or perform strenuous tasks during the cooler parts of the day.
- **Stay indoors if possible.** If you must go outside, do so in the early morning hours.
- **Use the air conditioner.** Fans do not cool the air but they evaporate perspiration which helps cool your body.
- **Drink lots of water.** Don't wait until you feel thirsty to drink water. By the time you feel thirsty, your body has been in need of water for a long while. Avoid beverages containing alcohol or caffeine. They can make the effects of the heat worse instead of better. Alcohol actually dehydrates the body.
- **Eat small, light meals and eat often.** A heavy meal diverts blood to the stomach to aid digestion when it is needed at the skin's surface to help cool the body. Also avoid using the stove during hot weather. Cool foods like Jell-o and Popsicles help lower your body's internal temperature.
- **Take cool showers and baths.** They help lower the temperature of your skin.
- **Check with your doctor about medication.** Some medications can make a person more vulnerable to the heat.
- **Stay in contact with friends or relatives, especially if you live alone.** Check on friends and report regularly to others about your own well being.



## LIGHTS...CAMERA...ACTION!!!

### Watervliet Housing has a successful Video Club production

The Watervliet Housing Authority is working together with the Watervliet Elks Club to establish a Video Club. Its intention is to help educate our young children on how to film, edit and produce shows for our TV station. WVI.T is a public access TV station that is run by the Watervliet Housing Authority. It is the only known housing authority in the country that has its own station. We are hoping that by educating our children they will be able to carry forward the programming of the station. This summer we taped the Watervliet Little League Game of the Week. We want to thank the many announcers and children that helped make this broadcast a HUGE success. In addition, with the help of Shawn Battigge, we were able to broadcast LIVE games. This is a great accomplishment and the Watervliet Housing has raised the bar for others to help educate our kids — both those living in housing and the entire City of Watervliet.



# Check out Watervliet Public Library's 2010 Summer Reading Program June 15<sup>th</sup>-August 15<sup>th</sup>

When children read what they enjoy, they learn to love reading and become better readers. The free summer programs at the Watervliet Public Library will help your child keep reading and have fun all summer long. **Wait, there's more!** Watervliet Public Library is holding summer reading programs for all ages, 4 years old and up. That's right, adults too! Check out the schedule of programs below and visit the library to learn more and sign-up today!

## Specialty Program Schedule:

### Read-to-Me (Youngsters):

*Beginning July 6th.* Tuesdays & Thursdays,  
10:00AM-11:00AM.

A very informal meeting in which adults read and play with their children. Pick a book. Pick a craft/activity. Have fun!

### Reading With Ruby-R.E.A.D.

Dog (Youngsters/Kids/Tweens):

*Beginning July 14th.* Wednesdays,  
11:00AM-12:00PM.

You're invited to read to a certified therapy dog. Designed to improve literacy skills for all ages and reading levels.

### Bookaneers (Kids): *Beginning July 6th.*

Tuesdays & Wednesdays, 2:00PM-3:00PM.  
Come for book discussions, creative writing workshops, crafts/activities and gaming.

### Explorer's Club (Tweens): *Beginning July 8th.*

Mondays & Thursdays, 2:00-3:00PM.  
Join us for book discussions, creative writing workshops, crafts/activities and gaming.

### Film-to-Movies (Teens): *Beginning June 30th.*

Blog reviews, book and movie discussions, questions, comments, concerns, cool links and more! Visit the YA Summer Reading Program blog for details and new events:  
[www.yasrpwtvt.blogspot.com/](http://www.yasrpwtvt.blogspot.com/)

### Non-Book Club (Teens): *Date/Time TBA.*

Rack up your minutes by reading magazines, comics, graphic novels, any other non-book material. Come hang out at the Library for gaming, socializing and chilling.

### Club Med (Adults): *Date/Time TBA.*

Need some action this summer? Looking to socialize while relaxing? Find it all at the Library! Sign-up for book discussions, reading & writing workshops, crafts/activities and more!

**Watervliet Library:**  
1501 Broadway, Watervliet (across from City Hall)  
(518) 274-4471.



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# Announcements



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## Watervliet Aqua Aerobics

*With Mary Naples  
AFA Certified  
Aquatics Instructor*

Monday and Wednesday 5-6pm

June 30<sup>th</sup> – August 4<sup>th</sup>

Watervliet City Pool

2<sup>nd</sup> Avenue, Watervliet

18 yrs and older

Free to Residents Non-Residents \$25

Weather permitting

Call 3123728 for more information

## Home Buyers Program in Watervliet

The Homebuyers program being administered by the City of Watervliet is drawing to a close. If you're interested, please contact the office. The WHA program is also drawing to close.



## Garbage pads at VRV

We have changed the way we collect garbage at VRV. We are going to have two central locations where you can

bring your garbage and recyclables. This will avoid the look of the unsightly garbage cans all over the site and provide an easier and more efficient way to pick up the cans.



## Take a Ride to the Farmer's Market

The Freedom Trolley be carrying seniors in all the Watervliet and Green Island complexes for free to the Watervliet Farmer's market on Tuesdays. For more information contact City Hall at 270-3800.

## Time Capsule for VRV... Any ideas?

VRV is taking on a complete new look and we want to share our experiences with those many years in the future through a time capsule. Items must be small and must tell a story by immediately looking at it such as photos, short articles etc. If you have any ideas, please let me know. We expect to have something in place by final closing next year.



## Tenant Elections

Tenant Commissioners Roberta Gilson and Regina Warner were reelected as commissioners. We thank both of them for their continued support and interest in making Watervliet Housing Authority a great place to live. Roberta has been a tenant commissioner for 24 years and Regina has been a commissioner for 10 years. Thanks to everyone for taking the time to vote. Your interest is appreciated.

## Watervliet helping our residents save money!

We arranged with Fieden Appliances to purchase Energy Star air conditioners at a low cost and the WHA kicked in a \$50 rebate if you returned an old A/C that was not energy efficient. We had 10 tenants take advantage of this program and we are happy they participated.



## Other Energy Saving Projects

Soon you'll see workers around the site installing many energy saving measures to help reduce our energy costs. It is important that we all do our part. If you see a site light on during the day, call us so we can repair it so we don't waste energy.



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## Do you think you've got the nicest looking apartment?

A beauty contest for the nicest looking outside apartment will be held in July. Prizes will be awarded to the tenant who has the best display outside of their apartment. Consideration will be given to the overall appearance including shrubs, lawn care, and flowers. Remember, more isn't always better. You must keep within the existing Watervliet Housing Authority landscaping scheme. Let's all take pride in doing well not only for the prizes but because you care. Of course the prizes don't hurt any! If you are not interested or unable you can do a lot just by picking up papers.



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## Laptop Program again a huge success

Once again the Watervliet Housing Authority has reached out to our area businesses to fund the purchase of laptops to our Watervliet/Cohoes high school seniors going off to college in the fall. This year we were able to provide 12 laptops to these seniors.

We are very proud to have this type of program because we feel that technology is vital to the growth to our area and especially our children. No child here at housing will be denied the opportunity to learn and grow or not be on the same playing field as others to be able to advance their education and job skills. It is totally up to the child and their parents to take advantage of these programs.



July 2010

Charles V. Patricelli, Director

**Watervliet  
Housing  
Authority**

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